

SPECIALTY CERTIFICATION
IN
REGRESSION THERAPY

6/2/07-6/3/07 & 9/15/07-9/16/07 & 11/3/07-11/4/07

9am-5pm \$850 6 Days 50 CEUs

Instructor: Greg McHugh CCHT

Colorado School of Counseling Hypnotherapy

WWW.COLORADOHYPNOTHERAPY.COM

Regression Therapy Module A 2 days

Background and purpose of Regression Therapy:

The ego and its role in creation of the illusion of trauma and projection

Egoic Minding - the critical mind function

Cosmology of the Inner Planes

Conception into physical, earth, death

The "movie", how other lives impact this one

Initial and subsequent inquiry and identifying themes and issues

* Recognize clues to past life trauma or this life trauma

Utilizing the power of client's intention

Inductions using progressive relaxation and imagery

Affect Bridge

How to note presence of interfering entities

Expanding awareness of the arrival into the past life personality

Identifying with the character in the past life

The importance of the "Feeling Experience"

Processing the past life, death and afterlife

Bringing the Light of the Interlife to the reviewed trauma

Demonstrations

Regression Therapy Module B 2days

Review of basic of other Regression Therapy techniques and protocol

Therapeutic Resistance Interventions

Redecision Therapy: rescripting and reframing past lives

Dealing with client fear of emerging memory

Finding gifts in other lives

Importance of inquiry and the application of Gestalt tools

The power of amplifying and deepening Regression

The importance of truly becoming the personality of the other life

The "Feeling Experience" and its healing potential

Karma and learning lessons

Contract work

Clearing vows and curses in other lives
The role and clearing of attachments (brief references)
Demonstrations and practicum

Regression Therapy Module C 2days

Review of basics of Regression Therapy

Integrating the principle of healing presence of Higher Self and aspects of the Self into a practice

Drawing upon Higher States of the Interlife as a healing resource in regression work

Planning Period

Working with the Angels in Regression Therapy

Induction, affect bridge, and using altered states as avenue to past life

Integrating regression to childhood trauma and healing with regression and healing of past life
causal trauma

Remote Regression thru a surrogate

Differentiating past lives from entity attachment

Healing the core trauma experience of a subpersonality by utilizing higher (altered) states of
consciousness and aspects of the Self

Clearing the experience of abortion through regression and dialogue with the unborn fetus

Healing phobias and allergies through Regression Therapy

Demonstrations and practicum

Recommended reading:

Available through CSCH www.coloradohypnotherapy.com

Regression Therapy, Vols I and II, Winifred Blake Lucas

Available through www.Amazon.com

Communion, Neale Donald Walsh

A Course of Love, Marie Perron

Past Life Therapy: the State of the Art, Rabia Lynn Clark

Spirit Releasement Therapy, (Section II, pages 69 -165) Baldwin

Also available through www.gregmchugh.com

Remote Work: Remote Regression and Remote Releasement, Greg McHugh

Gestalt Therapy as Applied to Hypnotherapy, Greg McHugh (now incorporated into the
Regression Therapy Manual by Greg McHugh)